

Want to enjoy full support while learning the skills needed to work as a Midwife?



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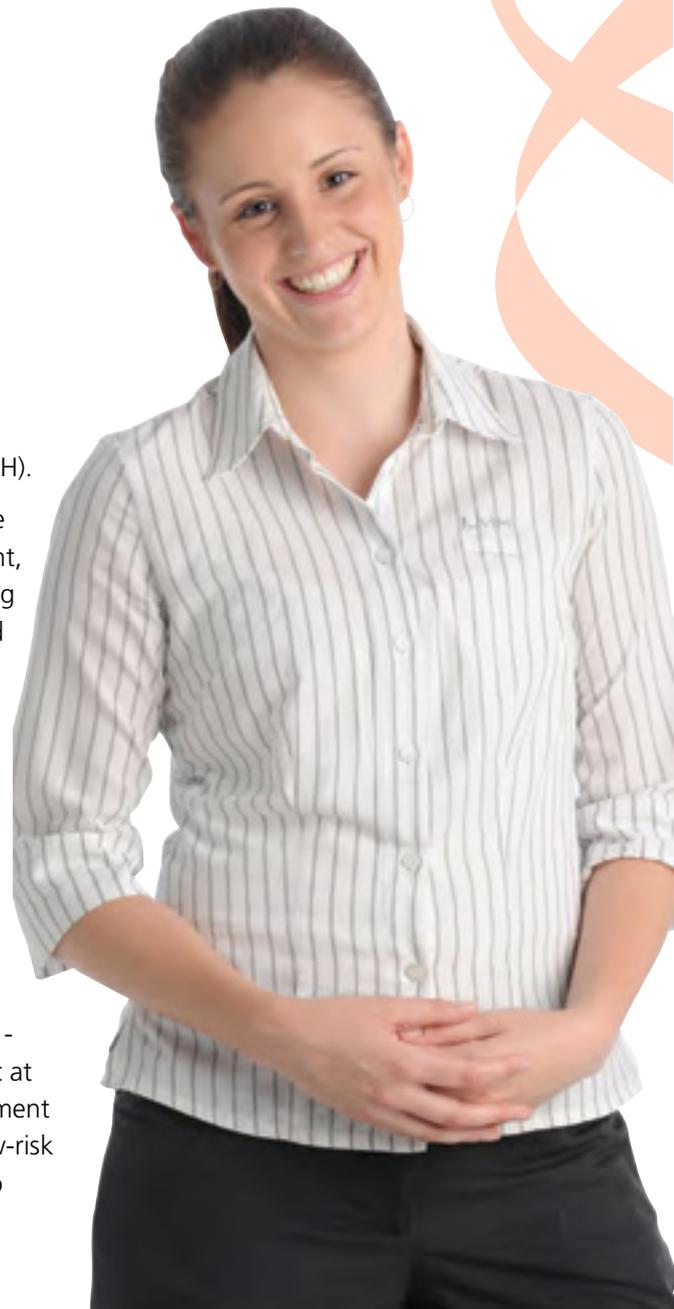
The high level of support I received during the TPPP exceeded all of my expectations.

My name is Melissa and I completed the TPPP Midwifery program in 2011. I'm now working as a Registered Midwife at the Lyell McEwin Hospital (LMH).

For as long as I can remember I've always been interested in health and the way the body works. After high school I applied to study Human Movement, but was accepted into Health Science, and eventually found myself studying Nursing. I did well in my exams, jumped into Midwifery and haven't looked back. Put simply, I absolutely love being a Midwife.

I was motivated to do the TPPP as I wanted to consolidate everything I had learned at Uni. In the TPPP you are extremely well supported we had five set study days and opportunities to get together as a group of graduate Midwives and reflect, debrief and focus on points to cover. An Education Facilitator looked after us as a group, and on each shift there was always an experienced Midwife (a Preceptor/Mentor) teamed with us and assigned as our mentor to give us feedback.

The TPPP gave me the confidence and opportunities to do things on my own, things I hadn't done at Uni. I was rotated through a number of areas - the Special Care Nursery, Women's Health (Post Natal), the Antenatal Clinic at Modbury, Birthing and Assessment Unit High Risk and Birthing and Assessment Unit Low Risk. The level of continuity was fantastic. For instance, in the low-risk area I was caring for the same women from antenatal, birthing, through to postnatal care.



Great way to learn

Working in a public hospital was really hands-on, and I had more opportunity to experience working with high-risk women.

The TPPP for Midwives is a great way to learn the skills needed to work with and communicate with women, and understand how a hospital runs. It's been a great way to learn lots of new clinical skills without feeling like being thrown in the deep end.

It's great to see doctors and Midwives keeping up to date with the latest research so we're all on the same page.

If you are thinking about doing the TPPP, stop thinking and do it! What you get out of it is so great – support from such knowledgeable Midwives, clinical experience, study days, a new group of friends and the opportunity to catch up with others and reflect.

The experienced Midwives acknowledge that you're new and assist your learning by giving you full support on each shift.

Going from Uni to full-time work is a big step, and the TPPP program provides you with lots of support in managing your time effectively. I've made excellent friends through this program and I really enjoy being able to share my new knowledge with friends and family.

As well as catching up with friends I really enjoy netball and reading, and playing with my gorgeous puppy Illy!

Working as a Midwife fits in well with my lifestyle.

To learn more about the TPPP opportunities at SA Health across regional and metropolitan locations visit www.sahealth.sa.gov.au/careers