Central Adelaide Local Health Network
Royal Adelaide Hospital

REGISTERED NURSE REFRESHER PROGRAM
INFORMATION SHEET

Application Opening Date: Monday 22nd April 2013
Application Closing Date: Friday 17th May 2013, 11.55pm
Commencement Date: Wednesday 24th July 2013

If you are a registered Nurse with the Australian Nursing and Midwifery Board you will be able to study from home, attend study days at the Royal Adelaide Hospital and gain experience in a clinical unit close to your home at no expense. We offer part-time and full-time study, with all participants receiving a SA Health funded scholarship.

The Refresher Program provides the knowledge and skills required to develop Registered Nurses who hold current registration to a level of competence in acute care nursing that will enable them to successfully seek employment in that area of the health industry.

To view Recency of Practice Registration Standard visit: www.ahpra.gov.au – Nursing and Midwifery Board.

Eligibility
Applicants must be an Australian citizen or have permanent residency status and be currently registered as a Registered Nurse with the Nursing and Midwifery Board of Australia. It is expected that successful participants are medically fit to undertake the program and are up to date with vaccinations. For further information related to health care workers vaccinations go to: http://www.dh.sa.gov.au/pehs/Immunisation/hcwguidelines-pehs-sahealth-1004.pdf

Upon offer of a place in the program, applicants will be required to complete, and return, the SA Health Police Check Application Form. Commencement in the program is subject to a satisfactory Criminal History clearance.

Program fees
This program is free. It is fully funded by SA Health.

Scholarship
A scholarship is available to each successful participant to help meet the program related expenses. Scholarships are funded by SA Health and will be paid on completion of specific stages of the program. The total amount per participant for the RN Refresher Program is $4,500.

Please note:
The scholarship is classified as income and must be declared at the end of the financial year.

If you are receiving social security payments through Centrelink the scholarship will be assessed as income.
For further information contact your local Centrelink Office or visit the website: http://www.centrelink.gov.au/internet/internet.nsf/individuals/st_index.htm
Aims
To provide the knowledge and skills required to develop currently Registered Nurses to a level of competence in acute care nursing that will enable them to successfully seek employment in that area of the health industry.

To recognise the participant’s previous nursing experience and build on that by providing an introduction to contemporary requirements of the Registered Nurse as a reflective, critical thinker who incorporates evidence and an outcome based approach to patient focused nursing practice.

Outcomes
On completion of the program, the participants will be able to:

- Perform nursing care and interventions to achieve quality outcomes for patients in acute care
- Apply knowledge of actions, side-effects and nursing implications of medications commonly used in acute care
- Competently use and maintain equipment used in the care of acute care patients
- Provide psychosocial support, counselling and education for patients and their families or significant others to promote health and allay anxiety
- Initiate actions to provide a safe and therapeutic environment for patients and staff
- Evaluate and reflect on current clinical practice in accordance with the available evidence, utilising critical thinking skills
- Apply ethical and legal principles to contemporary nursing practice

THEORETICAL COMPONENT COVERS THE ANMC COMPETENCY STANDARDS UNDER THE FOLLOWING DOMAINS:

Professional and Ethical Practice:
- Legislation governing nursing practice
- Nursing Standards and Codes of Practice
- Culturally sensitive patient focused care
- Legal and ethical decision making

Critical Thinking and Analysis:
- Reflective practice
- Utilisation of resources
- Analysis and utilisation of evidence-based practice and research
- Self-assessment and peer review

Management of Care:
- Nursing assessment
Nursing documentation
Nursing care of patients with acute medical or surgical disorders
Nursing care of patients suffering pain or in need of palliation
Pharmacology and medication administration
Patient education
Patient care technology
Management of emergencies

Enabling:
> Environmental safety
> Clinical Governance
> Risk management approach to nursing care
> Interpersonal skills
> Coordination and delegation
> Dealing with difficult behaviour
> Patient advocacy

PROGRAM STRUCTURE
The program is delivered over 14 weeks, based on 3 days per week Monday to Friday. An outline of the structure is provided in the table below. Theoretical content has been developed in flexible delivery mode to allow you to study at home, access to a computer is essential. There are nine attendance days over three weeks for practical procedures. Clinical placement is for 27 shifts. Program structure below.

<table>
<thead>
<tr>
<th>Week</th>
<th>Days</th>
<th>Delivery</th>
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<tbody>
<tr>
<td>1</td>
<td>Wednesday 24 July 2013 Thursday 25 July Friday 26 July Dates and times confirmed</td>
<td>Workshops Staff Development Department Level 2 Eleanor Harrald Building Royal Adelaide Hospital</td>
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<tr>
<td>2</td>
<td></td>
<td>Self-Directed Learning using online program</td>
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<tr>
<td>3</td>
<td>Wednesday 7 August Thursday 8 August Friday 9 August</td>
<td>Workshops Staff Development Department Level 2 Eleanor Harrald Building Royal Adelaide Hospital</td>
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<tr>
<td>4</td>
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<td>Self-Directed Learning using online program</td>
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<tr>
<td>5</td>
<td>Wednesday 21 August Thursday 22 August</td>
<td>Workshops Staff Development Department Level 2 Eleanor Harrald Building Royal Adelaide Hospital</td>
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| 6 -14 | Monday to Friday (by negotiation with placement coordinator) | Duration: 27 shift  
Minimum 3 days x 7.5 hours  
Supernumerary unpaid shifts per week  
Attendance at Student Orientation prior to commencement of clinical placement TBA  
Commencing on Monday 26 August 2013  
Completing approximately 25 October 2013 |
Clinical support
An experienced clinician will provide clinical supervision, teaching and assessment of participants for the duration of the clinical placement.

Assessment
To successfully complete the program, participants will be required to:
> Attend required workshops and clinical observation days
> Complete specified learning activities
> Actively participate in all group learning activities
> Successfully complete the clinical component, including clinical competencies relevant to acute care nursing.

A certificate and transcript will be issued on successful completion of the program.

Professional indemnity and public liability
Each participant will be indemnified and insured under the SA Health insurance arrangements for Professional Indemnity and Public Liability for the duration of the program.

Personal accident cover
Personal Accident cover is not provided. Each participant may wish to consider having their own personal accident cover for protection in the event of injury. Temporary accident cover can be arranged for a fee direct with an Insurance Company or Broker.

Uniform
Neat casual clothes can be worn to classroom sessions.
When undertaking observational visits or during clinical placement participants may wear a white shirt and navy pants/skirt as an appropriate uniform. A Flinders Medical Centre identification badge will be issued to each participant to wear for the duration of the program.

Car parking
Whilst there is access to Royal Adelaide Hospital by train and bus, there are also several car parks in close proximity.

Meal breaks
Food and drinks are available for students to purchase from vending machines, kiosk or cafeteria on hospital premises. Students may choose to bring their own food and drink. A fridge and microwave are available in the Staff Development Department tea room

Residential accommodation
Limited residential accommodation is available and depends on availability of vacant rooms. Please direct telephone inquiries regarding availability and cost to Residential Wing Commercial Services Officer on (08) 8222 5200.

Employment opportunities
Students will be offered guidance in securing appropriate employment on completion of the program.
Program advertising
Program Advertising will appear in:
The Advertiser - Saturday 20 April 2013
Local Messenger - Wednesday 24 April 2013.
Regional Newspapers - Wednesday 24 April 2013.

Applications open on Monday 22 April 2013 and close on Friday 17 May at 11.55pm.

APPLICATION PROCESS
To apply for the 2013 Re-entry & Refresher Program for Registered Nurses, please go to www/health.sa.gov.au/careers and click on the Return to Nursing Midwifery button.

Selection process
Please check that you have included all requested documentation as this is essential for your application to be assessed as there will be no interview.

Notification
All applicants will be advised by email about the outcome of their application as soon as practicable after Friday 31 May 2013.

For further information email or call:
Tina Grasso
Coordinator
RN Re-entry & Refresher Program on:
☎ 08 8222 5107 or 08 8222 2045
E-mail: tina.grasso@health.sa.gov.au